



*Mark & Jill  
Thank you for your support. I hope you are having a great summer. It's passing by too quickly. Please support for our theatre event. Take care!  
Jimm*

August 16, 2010

Dear Friend of Mystic Valley Elder Services (MVES):

You and your generosity inspire me. Thank you again for your support. I believe that it is important to routinely share with you how your donations are making a difference. You help us help older adults and individuals with disabilities to live safely and independently in the community. Read on to learn about some of our latest endeavors that your generosity has helped make possible.

**Bringing Mobile Mental Health Services to People in Need**

Because of your generous donations to our Spring Appeal, we have been able to keep our mental health clinical case worker on staff. She continues to reach out and provide support to over 100 elders every year, helping those who are struggling to cope with severe mental illness. Through your generosity, we received over \$11,000 to continue to provide this essential home-based crisis intervention service in our eight communities.

**Expanding MVES' Supportive Housing Food Pantries**

Through support from the Arthur S. Reinherz Charitable Foundation, BJ's Charitable Foundation, and other community supports, we are poised to more than double the reach of our Supportive Housing Food Pantry Program this fall. MVES and Bread of Life of Malden collaborate to bring a mini food pantry on-site to six supportive housing locations in Everett, Wakefield, and Melrose each month. This fall, we will add six Malden locations, bringing the total number of MVES Supportive Housing Food Pantry locations to twelve. We anticipate that this program will grow to reach over 1,000 elders every month, providing access to nutritious, no-cost groceries. This program is reliant on community support and contributions from donors like you.

**Making a Difference with Transitional Care Counseling**

Your support helps MVES bring transitional care counseling to people we serve. Because we provide community care to very frail elders, who otherwise would require nursing home care, there are times when the older adults we serve require periods of hospitalization or rehabilitation to meet their complex health care needs. Moving from home to hospital to rehabilitation facility and back again involves a great deal of important information sharing and understanding of an elder's complex care needs and situation. MVES has experienced clinical care staff who have completed specialized training on how best to provide care during these transitions. As our clients move from hospital to rehab to home again, MVES provides high quality coordination and continuity of health care.

**Showcasing Local Artistic Talent**

Older adults (aged 60+) from Everett, Malden, Medford, Melrose, Stoneham, North Reading, Reading or Wakefield are invited to participate in our annual MVES Senior Art Show! Senior artists can submit up to two framed photographs or paintings that are ready to hang—framed and wired—to MVES at 300 Commercial Street #19, Malden. Art should be dropped off on Tuesday, September 14

More...

300 Commercial Street, Suite 19 • Malden, MA 02148 • FAX (781) 324-1369 • TTY/TTD (781) 321-8880

**(781) 324-7705 • www.mves.org • 1-800-AGE INFO**

*Serving the communities of Everett, Malden, Medford, Melrose, North Reading, Reading, Stoneham, and Wakefield since 1975.*

or Wednesday, September 15 from 9 a.m. to 4 p.m. On Thursday, September 23 from 1 p.m. to 2:30 p.m. we will hold an artist reception to award prizes to the art show winners. The exhibit will be open to the public on weekdays from September 24 through October 22 from 9 a.m. to 4 p.m. Contact Molly Osborn, marketing and development specialist, at 781-324-7705 for more information.

### **Laughing for Meals on Wheels**

MVES' Meals on Wheels Program delivers over 1,600 meals a day to homebound elders. Your contributions help make this possible. This year, your support generated \$15,000 for home-delivered meals through our sold out comedy show "A Bellyful of Laughs," with over 400 people in attendance. Back by popular demand, our second annual comedy fundraiser is on Saturday, January 22, 2011 at Anthony's in Malden. Tickets are \$40 and include a buffet dinner, dessert, coffee, and cash bar along with raffle prizes! What a great holiday gift idea that supports a great cause! We anticipate an early sell out of this fun event so get your tickets now! Contact Betsy Hines, development associate, for more information or to purchase tickets at 781-324-7705.

### **Crossing the Halfway Mark for our Gap Endowment Fund Campaign**

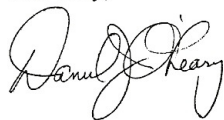
Thanks to donors like you, I am thrilled to share that we have crossed the halfway point and raised over \$525,000 to date toward our goal of \$1 million in our Gap Endowment Fund. This resource provides home care services to 30 older adults on average each month who otherwise would go without the services they need. Your support is making all the difference.

MVES is planning its sixth annual theatre event at Stoneham Theatre! Save the date for 42<sup>nd</sup> Street on Saturday, May 21, 2011 to support the MVES Gap Fund. For more information about this event, contact Jenny Vanasse, director of development, at 781-324-7705.

Please remember that MVES is here for your aging-related needs and questions, so call 781-324-7705 or visit [www.mves.org](http://www.mves.org). While visiting our website, I encourage you to subscribe to our monthly e-newsletter, *The Beacon*, for ongoing updates about happenings at MVES and services for older adults and adults with disabilities in our region. The newsletter is free of charge and we never sell or share email addresses. We value your support and *privacy*!

Thank you again for your support! I hope you enjoy the rest of your summer.

Sincerely,



Daniel J. O'Leary  
Executive Director